
Healing Across the Divides

Arab and Jewish children together at HAPC-funded garden program for nutritional education and awareness.

All images courtesy of Jonathan Green MD, MPH, unless indicated.

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A Message from the Executive Director and Board President

Dear Friends:

With the help of our supporters, Healing Across the Divides was able to meet the challenges that 2018 brought and help improve health and wellbeing for an unprecedented number of marginalized Israelis and Palestinians. For the first time in our history, Healing Across the Divides has plans to expand its unique model beyond Israel and the West Bank and begin supporting communities in the Gaza Strip in the near future. The program will help teens suffering from type 1 diabetes manage their disease. We are especially pleased to be able to introduce HATD’s cost-effective, grassroots programming to the isolated Gazan community.

In 2018 we had our largest Healing Across the Divides Study Tour. Each time we visit the region, we are inspired by the hope of community leaders of programs HATD funds and mentors. In addition, our Israeli and Palestinian representatives visited the United States to meet with donors and new friends of HATD to share important firsthand knowledge from the field. 2018 also brought with it many challenges. We were deeply pained by the treatment of African refugees and asylum seekers in Israel. Our parents were asylum seekers after surviving the Holocaust; and many of our staff, board and donors were either themselves refugees or are the offspring of refugees.

We successfully completed a partnership with the UN High Commissioner for Refugees, working with the Association for Asylum Seekers in Israel and the Israeli AIDS Task Force to prevent and treat AIDS in the refugee community. We will also be funding a new initiative with the Jerusalem African Community Center in 2019. These refugees are some of the most marginalized of many marginalized groups in the Israeli-Palestinian region — and they are not involved in the conflict.

We continue to be convinced that a focus on measurably improving health is a political act in and of itself, working with both sides of this challenging conflict represents a political stance. What role, if any, can peace building through HATD initiatives have on this current stalemate? While we continue to increase the measurable impact on the physical and mental health of marginalized Israelis and Palestinians, we also strengthen the ability of community-based groups to play increasingly important roles within their society.

On the eve of HATD’s 15th anniversary, we are proud to have had a significant impact on the lives of more than 100,000 marginalized Israelis and Palestinians. With your generous support, HATD will continue to successfully facilitate community-based groups and their leaders to play a role in healing divides between Israelis and Palestinians.

With sincere gratitude to our supporters,

Norbert Goldfield, M.D.
HATD Founder and Executive Director

Mordechai Kamel, J.D., M.D.
President
HATD Board of Directors

Children playing in an unrecognized Bedouin village in southern Israel, serviced by HATD-funded grants, Moa'a.

“ You may say I’m a dreamer, but I’m not the only one. I hope some day you’ll join us, and the world will be as one.”
—John Lennon
Healing Across the Divides 2018 Community Initiatives
Impact Where it Matters

RAISING AWARENESS ABOUT NUTRITION AND HEALTHY LIVING THROUGH AN ARAB-JEWISH COMMUNITY GARDEN

Healing Across the Divides’ latest community garden program—White Mountain Farm—brings together Jewish and Bedouin Israelis to jointly tend a community garden while learning about health, nutrition, the environment and one another. Based in southern Israel, the initiative works with families from the unrecognized Bedouin town of Rochma and residents of the Jewish town of Yerucham to create a sustainable garden that provides fresh-grown food sources. Families learn about nutrition and healthy living within a framework of cooperation and mutual responsibility for the land. Together, participants cultivate a traditional herb and vegetable garden and transform previously neglected municipal land into a productive green space that benefits both communities.

PREVENTING AND TREATING CHRONIC DISEASE

In 2018 Healing Across the Divides works with Palestinian grantees including the Family Defense Society in Hebron and its surroundings, Caritas in the Jerusalem district and Ahl Al-Balata Al-Balad in Nablus and the Balata refugee camp to combat the surging rates of chronic disease facing marginalized Palestinian communities across the West Bank. Using the Stanford Chronic Disease Self-Management program—a unique community-based model that successfully curbs diabetes and other chronic diseases, local women are trained to educate others in disease self-management. By providing tools to maintain health among populations that lack access to basic health services such as the elderly, participants learn to maintain their own health through diet, exercise and awareness about chronic disease.

“Since the [chronic disease] initiative was introduced to our village, we have not only developed healthier bodies, we have also grown empowered knowing that we can control our own health.”
—K., 64 year old from the West Bank

IMPROVING FAMILY HEALTH AND WELLNESS

Healing Across the Divides’ vision of Peacebuilding Through Health for Israelis and Palestinians is well highlighted in the Family Health and Wellness programs that it funded in 2018. HATD funded eleven Israeli and Palestinian organizations throughout Israel and the West Bank to build on the idea that together with the family and community, self-empowered individuals can best manage their own health as well as that of their family.

PROMOTING CHILD SAFETY WITH THE HELP OF ARAB AND JEWISH GRANDMOTHERS

Protecting children’s lives is the basis of any healthy society. This award-winning child-safety model was developed in 2015 by Healing Across the Divides and Israeli child-safety organization, Retem, to empower Jewish and Arab grandmothers to serve as social-change agents who save children’s lives. By raising awareness about domestic safety, these special grandmothers are successfully tackling the surging rates of child injury and mortality in underserved Arab and Jewish communities. This unique program also serves to empower women and facilitate their participation in shaping attitudes and policy toward child safety in communities where women are traditionally excluded from the public spheres.

“Since the program changed the way I view my children’s health, our future, and even our neighbors. We all deserve health.”
—R., Israeli mother of four

Improving Lives for the Elderly
PROVIDING POST TRAUMATIC STRESS DISORDER TREATMENT FOR WOMEN AND CHILDREN

Responding to the critical need for Post Traumatic Stress Disorder (PTSD) treatment for families impacted by violence, Healing Across the Divides supports the Palestinian Working Women’s Society for Development to provide mental health services to some of the most marginalized communities in the Hebron region of the West Bank. The program provides psychosocial support to women and children in Susya and the surrounding Bedouin communities south of Hebron with the goal of improving resilience and ability to cope with uncertain and often violent surroundings caused by occupation, domestic violence and poverty.

IMPROVING LIVES FOR HIV-POSITIVE ASYLUM SEEKERS FROM AFRICA

Working with grantee ASSAF (the Association for Asylum Seekers in Israel), Healing Across the Divides helps ensure that African refugees and asylum seekers with HIV in Israel have access to information, psychological support, advocacy and medication that they desperately need. The program also works to prevent further disease transmission via educational outreach to refugee communities about safe sex and by working to mitigate the social stigma of HIV with the help of specially trained community leaders.

ENDING DOMESTIC VIOLENCE AGAINST WOMEN AND GIRLS

Healing Across the Divides is proud to be leading efforts that support women’s empowerment across the divides as a key to improved health and stronger communities. Since 2015, HADT has worked with grantee, Ma’an (Arabic for “together”), to help end domestic violence towards Bedouin women and girls. Ma’an works to increase social awareness about gender-based violence through broad media campaigns while providing advocacy services and emotional support to Bedouin women facing abuse. Together, HADT and Ma’an have advanced women’s equality and rights and help build a sustainable movement for leadership of local women to lead the process for social change.

COMBATTING ADDICTION AMONG PALESTINIAN YOUTH

Deemed one of the most effective models yet to combat youth addiction, the HATD funded “Unplugged” program in East Jerusalem has made remarkable strides in raising awareness among Palestinian students, parents and teachers about various forms of addiction. The program’s success in addressing the growing problem of addiction in the West Bank led to its partial adoption by the Palestinian Ministry of Social Affairs in 2018. Unplugged has since been launched in multiple schools in the West Bank serving thousands of recipients.

“Today if I see drugs I feel confident to say ‘no’. Addiction hurts us personally and makes it difficult to build a healthy Palestine.”
--M., 10th grader from East Jerusalem

“We now know that no one has the right to hurt us [women], even if he is family. I will one day teach this to my children.”
--S., Negev Bedouin teen

Empowering Women
Spreading the word about Peacebuilding Through Health: Making Waves in 2018

Healing Across the Divides raises awareness both in the United States and the Middle East about the power of Peacebuilding Through Health by connecting audiences with individuals working on the front lines. In 2018, HATD’s Israeli and Palestinian Field Representatives shared personal stories about HATD’s achievements during a 10-day speaking tour across multiple cities in the US. Also in 2018, HATD led its largest annual study tour yet to Israel and the West Bank, providing participants with insider perspectives from the field of grassroots health programs in action.

“Seeing HATD’s work firsthand and hearing from people across political divides about their common vested interest in improving lives...is a lifechanging experience that gives one hope for the future.”

--HATD Israel/West Bank study tour participant

Twenty Four participants from across the United States toured Israel and the West Bank in 2018 with HATD Executive Director Norbert Goldfield, experiencing first hand the power and importance of the human side of Peacebuilding Through Health.
Empowering women and girls across divides
For a healthier future for all

Healing Across the Divides has been committed to empowering and improving the health and wellbeing of marginalized women and girls since 2004. Our community-based health model is based on the understanding that empowering women, girls and their families has ripple effects that are critical for the wellbeing of society today as well as the future generations.

1,236 Palestinian women supported by HATD-funded chronic disease self-management programs in 2018

131 Palestinian women and girls benefitted from HATD-funded PTSD programming in 2018

340 women participated in HATD-funded domestic violence workshops in Israel in 2018

12,176 readers reached by HATD-funded 2018 social media campaign to end gender-based violence

210 HATD-funded child-safety home visits by grandmothers to new mothers’ homes in Israel in 2018

20 female HIV-positive asylum seekers in Israel received counseling in 2018 from HATD-funded programming

35 grandmothers trained by HATD-funded child safety program in Israel in 2018

Student beneficiaries of HATD-funded program to curb addiction among East Jerusalem youth. The program’s success led to its expansion to other school districts in the West Bank with the help of the Palestinian Ministry of Social Welfare.
Our Generous Supporters

Healing Across the Divides extends its deepest thanks to all those who have supported us in our mission of improving health for marginalized Israelis and Palestinians. Your help has enabled us to transform the lives of thousands of individuals in need by providing them improved health and well-being in addition to hope for a brighter future. We are honored to have you as our partners in Healing Across the Divides’ quest for healthier communities across Israel and the West Bank. Thank you!

$10,000+
Mr. John & Mrs. Margaret Falk
Ms. Harris & Mr. Cheryl Gillerne
Dr. Benjamin A. Gitelman
Dr. Norbert Goldfield & Ms. Sandra Matthews
Dr. Jonathan Groder & Ms. Cathy Levine
Ms. Candi & Mr. Kevin Quinn

$5,000 TO $9,999
Dr. Richard Bernstein
Dr. Mark W. Holt
Mrs. Elaine Housman
Ms. Barbara J. Katz
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Ms. Leslie Rose

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Ms. Sarah Bashia
Ms. Julia & Mr. Jonathan Bender
Ms. Ilana Berger

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SUPPORTER SPOTLIGHT: LEWIS KAZIS, ScD

“When I first heard about what HATD was doing, I thought it was a wonderful and unique idea to deal with health issues and bring Palestinians and Israelis together. It’s a concept that can really work. I do a lot of work of traumatic brain injuries, and many of the issues are similar when dealing with civil rights and marginalized communities. Society can stigmatize people with health issues. Individuals can be labeled. People can be mistreated. But with the proper support, the experience can be different and individuals can successfully heal and grow. Especially from the type of community-based efforts that involve education and awareness that HATD supports. These successes really reflect the best that mankind has to offer.

...HATD is so unique regarding philanthropy. Overhead is so low that for every dollar that you give, you get so much more in return.

This is also why HATD is so unique regarding philanthropy. Overhead is in so low that for every dollar that you give, you get so much more in return.

I’ve served on other boards, but this is the first time I’ve been involved in this capacity with an organization dealing with Palestine-Israel issues. It has been incredibly beneficial to work with other HATD board members involved in the Peacebuilding Through Health cause. Many of them are also in the healthcare field and have similar ideas about the region and public health. Everyone really believes in our mission. There are many organizations working in the region that haven’t yet come to grips with the reality facing Israel and the Middle East. HATD is different. There are huge problems in the region, the solutions for which are not easy, but there are also many creative ways to address these problems and HATD is at the forefront of doing so.”
**Financials**

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**DISTRIBUTION OF INCOME ($442,950)**
FISCAL YEAR ENDING DECEMBER 31, 2018

- **CONTRIBUTIONS** | 60.5%
- **INVESTMENT INCOME** | 2%
- **IN-KIND** | 39.3%

Total by Income Category | 100%

**DISTRIBUTION OF EXPENSES ($377,037)**
FISCAL YEAR ENDING DECEMBER 31, 2018

- **PROGRAMS** | 76.9%
- **MANAGEMENT** | 9.8%
- **FUNDRAISING** | 13.3%

Total by Allocation Category | 100%

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**Board of Directors, Scientific Advisory Board and Staff**

**BOARD OF DIRECTORS**

Norbert Goldfield, M.D., HATD Founder and Executive Director
Dr. Goldfield is a practicing internist at a community health center, with over 30 years of experience restructuring health care systems both at a national level and in community settings as well as extensive experience working with Israelis and Israelis.

Sarah Bostck, Co-founder and President of OneBlue, a Washington DC based non-profit devoted to conflict resolution

David Chess, M.D., Geriatrician, internist, and entrepreneur with 30 years of experience working to improve care for patients

Benjamin Gernermon, M.D., Pediatrician with special interests in health care delivery for underserved children and children’s environmental health

Mark Haseeb, Ph.D., international public affairs expert and author

Paul Hassoun, M.D., Professor, Johns Hopkins University School of Medicine

Mordechai Kamal, J.D., M.D., Retired pediatric orthopedic surgeon, now practicing public interest law and medico-legal consultation

Lewis E. Kasal, Sc.D., Professor, Health Policy and Management, Boston University School of Public Health

Cathy Leavens, J.D., Former Executive Director of Universal Health Care Action Network in Ohio, serving for over two decades as an advocate for consumers in health care

Karen Meadow, Consultants with non-profits on budgeting and general nonprofit management issues including fundraising, planning, and computer management of fundraising and related data

Phyllis Silver, M.D., Executive Director of Partnership for Quality Care; Former Deputy Director of the New York State Department of Health Office of Public Health

Candida Quinn, J.D., Immigration and human rights attorney, with more than two decades of experience representing the foreign-born before U.S. courts

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**STAFF**

Norbert Goldfield, M.D., Executive Director

Nehad Fattah, Program Specialist - West Bank

Jane Newman Kessler, CFRE, Development Director

Patrick Levy, Program Specialist - Israel

Tova Reznick, Communications Director

Jomarie Ramirez, Administrative Assistant
Peacemaking Through Health. Join us!
How you can help
There are multiple ways you can help ensure health for marginalized Israelis and Palestinians including:

Donate
Make a secure online donation today at: www.healingdivides.org/donate or by scanning the QR code.

You can also mail a check to:
Healing Across the Divides
POB 217 Hatfield, MA 01038

Get involved
Join a “Friends of Healing Across the Divides” chapter in your area or hold an HATD informational or fundraising parlor meeting with our help.

Travel with us
Join us for an unforgettable trip to Israel and the West Bank on an HATD study tour and experience Peacebuilding Through Health firsthand.

Volunteer
Volunteer your time and professional skills to support marginalized Israelis and Palestinians.

Sign up for our newsletter
Get updates from the field about important Peacebuilding Through Health news.

Follow us on social media
@healingacrossdivides
@healingdivides

Let us know what you think!
Your feedback is important to us. If you have a suggestion or comment or would like to propose a program that you feel warrants our support, write us at:
 Email: info@healingdivides.org

Healing Across the Divides
POB 217 Hatfield, MA 01038

Thank you for your generosity!

A young beneficiary of HATD-funded Palestinian Working Women’s Society for Development program in the West Bank.